



Commonwealth Healthcare Corporation

Commonwealth of the Northern Mariana Islands



CNMI Weekly Syndromic Surveillance Report

EPI WEEK 07

EPI WEEK DATE: February 15, 2026 – February 21, 2026

Clinic	Influenza-Like-Illness (ILI)		Diarrhea (DIA)		Prolonged Fever (PF)		Acute Fever and Rash (AFR)		Total Encounters	
	Last week	Current week	Last week	Current week	Last week	Current week	Last week	Current week	Last week	Current week
CHCC Family Care Clinic	2	1	1	3	1	4	0	0	407	297
CHCC Women's Clinic	0	0	0	0	0	0	0	0	123	78
CHCC Children's Clinic	4	6	3	1	5	3	0	0	138	128
CHCC Emergency Room	31	20	19	15	15	11	1	0	446	503
Saipan Health Clinic	-	-	-	-	-	-	-	-	-	-
Marianas Health Services	0	0	0	0	0	0	0	0	164	165
Kagman Isla Community Health	1	0	0	0	0	0	0	0	56	40
Southern Isla Community Health	0	2	0	0	0	0	0	0	90	90
Tinian Isla Community Health	0	0	0	0	0	0	0	0	39	21
CHCC Lucia "Chiang" Villagomez Arizapa Health Center*	0	0	1	1	1	0	0	0	90	84
CHCC Rota Health Center	4	1	0	1	1	2	0	0	103	82
	42	30	24	21	23	20	1	0	1656	1488

*CHCC Tinian Health Center was renamed to LCVA Health Center.

ALERTS AND TRENDS

- ILI: Decrease from previous week
- DIA: Decrease from previous week
- PF: Decrease from previous week
- AFR: Stable from previous week

KEY TAKEAWAYS

- 17% Increase in DIA cases were seen this Epi Week (#07) compared to the average of the previous 3 Epi Weeks.
- 24% Decrease in Influenza-Like Illness cases were seen this Epi Week (#07) compared to the average of the previous 3 Epi Weeks.
- 10% Decrease in Total Encounters were seen this Epi Week (#07) compared to last Epi Week (#06).
- 3 cases of Norovirus, 2 cases of COVID-19, and 2 cases of Ciguatera Fish Poisoning were identified this Epi Week (#07).
- 21 Influenza cases: 12 Flu A, 1 Flu A H3, & 8 Flu B

Syndromes	Epi Week				Percent (%) change from current week to previous 3 weeks	Antimicrobial Resistant (AMR) Infections		
	07	06	05	04		Organism	EW 07	2026 YTD Totals
Influenza-Like Illness	30	42	40	36	-24%	MRSA	2	7
Diarrhea	21	24	13	17	17%	VRE	0	0
Prolonged Fever	20	23	20	21	-6%	ESBL	3	23
Acute Fever and Rash	0	1	0	0	0%	CRE	0	0



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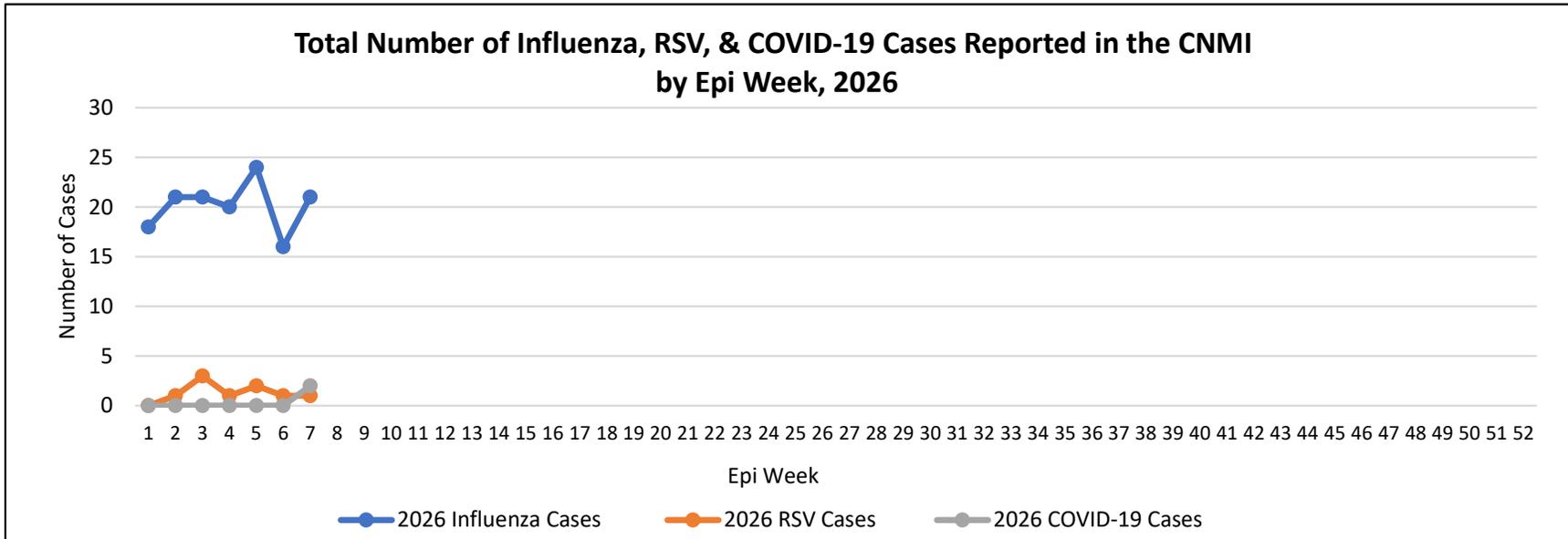
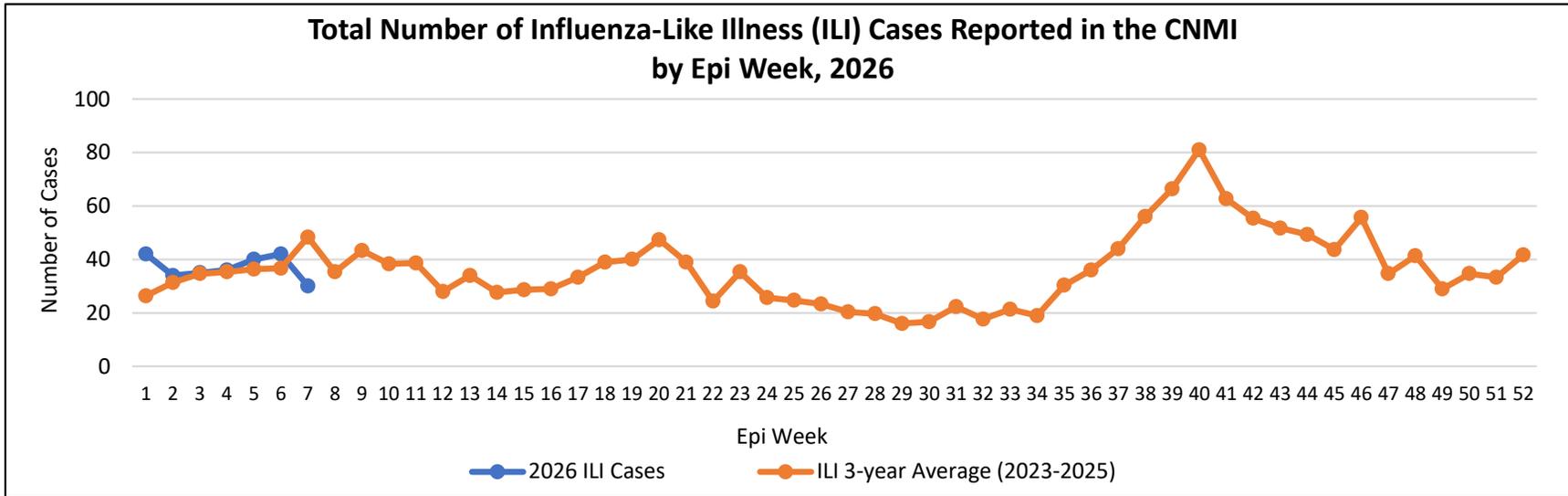
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CNMI Weekly Syndromic Surveillance Trends

EPI WEEK 07

EPI WEEK DATE: February 15, 2026 – February 21, 2026





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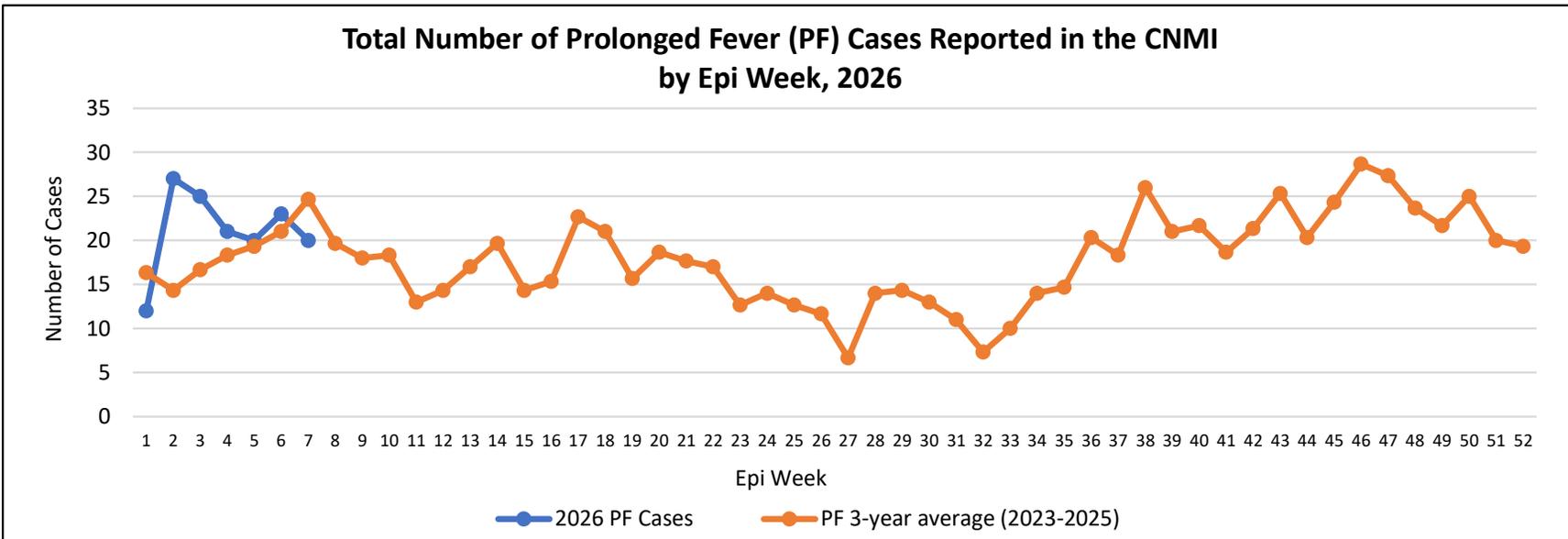
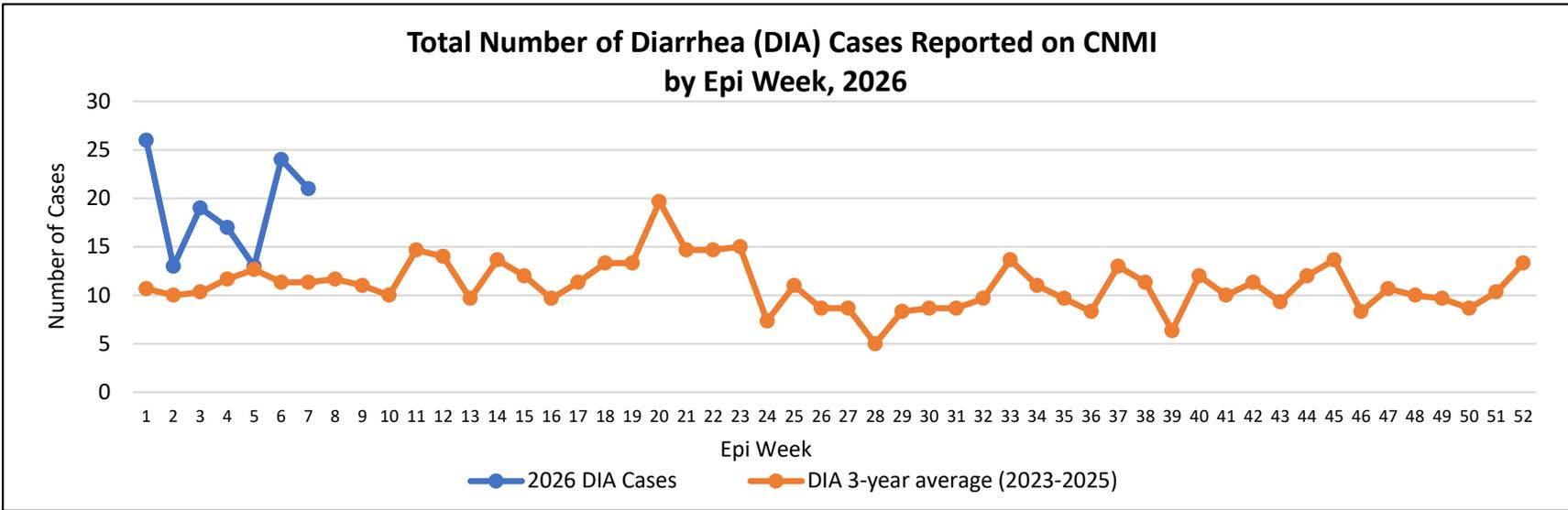
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CNMI Weekly Syndromic Surveillance Trends

EPI WEEK 07

EPI WEEK DATE: February 15, 2026 – February 21, 2026





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CNMI Weekly Notifiable Disease Report for Select NNDs

EPI WEEK 07 **EPI WEEK DATE:** February 15, 2026 – February 21, 2026

In the table below, weekly and year to date counts are displayed for Epi Week 07 and 2026, respectively. Additionally, a 3-year weekly average is calculated for the same Epi Week from the previous 3 years (2023-2025) for comparison to the current week. Incidence rates are calculated for 2025 and 2026 using the estimated population for the CNMI from the U.S. Census Bureau.

Condition	Epi Week 07	2026 YTD	3-year weekly average counts	2026 YTD Incidence Rates*	2025 Incidence Rates*
Enteric Diseases:					
Campylobacter	0	4	0	7.9	37.3
Ciguatera fish poisoning	2	4	0	7.9	13.7
Salmonella	0	4	0	7.9	58.9
Environmental:					
Elevated Blood Lead Levels	0	0	0	0.0	2.0
Sexually Transmitted Infections:					
Chlamydia	5	23	9	45.3	371.0
Gonorrhea	0	1	1	2.0	35.3
Syphilis	0	1	0	2.0	33.4
Respiratory Infections:					
Influenza	21	141	(-)	277.7	1270.0
RSV	1	9	(-)	17.7	45.1
COVID-19	2	2	29	3.9	447.5
Tuberculosis:					
TB, Confirmed	0	1	0	2.0	35.3
TB, Under Investigation	2	5	1	9.8	5.9

*Rate per 100,000; Data are preliminary and subject to change. CNMI population estimates were determined using 2025 and 2026 Census International Database (https://www.census.gov/data-tools/demo/idb/#/country?YR_ANIM=2021&COUNTRY_YR_ANIM=2021&FIPS_SINGLE=CQ)



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CNMI Weekly Prescription Drug Monitoring Program (PDMP) Report

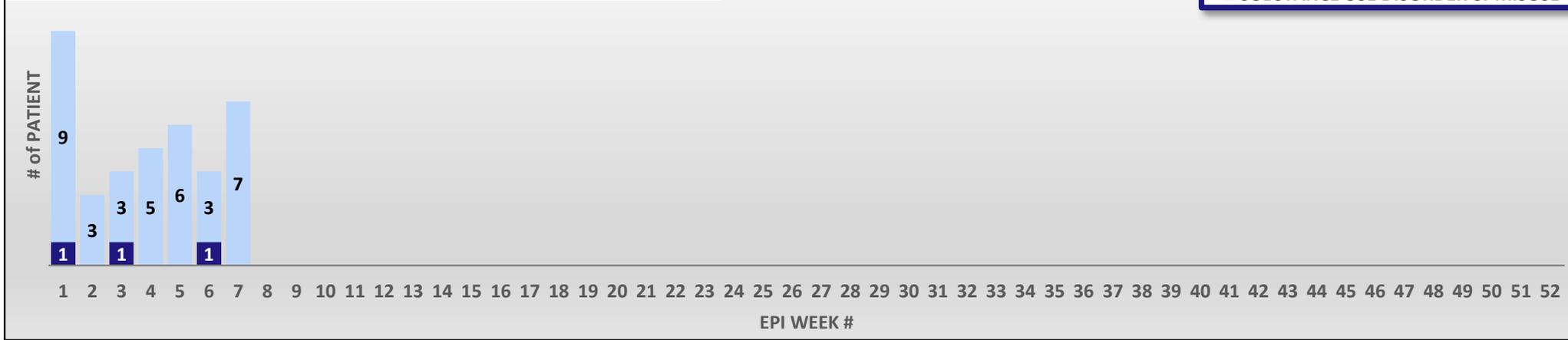
EPI WEEK 7 | EPI WEEK DATE: FEBRUARY 15, 2026 – FEBRUARY 21, 2026

WEEKLY CASE COUNTS											
POLYSUBSTANCE		OPIOID			STIMULANT			BENZODIAZEPINE			OTHER SUBSTANCE
OVERDOSE	MISUSE	OVERDOSE	ODU	MISUSE	OVERDOSE	StUD	MISUSE	OVERDOSE	BUD	MISUSE	OVERDOSE
0	2	0	0	0	0	0	6	0	0	1	0

NOTE: The encounters have been monitored since 2020. Some individuals might be involved in multiple cases or flagged multiple times for the same type of encounter in a single EPI week. The overdose Surveillance has expanded to include Stimulant and Polysubstance cases in 2021, Benzodiazepine cases in 2022. The Polysubstance cases are also counted under respective categories. Prior cases of any overdose related encounters might be duplicated under Other Substance Overdose category. Other Substance category analysis is solely depending on indications from the providers' notes. The substances reported are not verified by NDC number or DEA substance database.

PDMP IDENTIFIED CASES: NUMBER OF PATIENT/ENCOUNTER FLAGGED by EPI WEEK 2026

- FATAL OVERDOSE
- NON-FATAL OVERDOSE
- SUBSTANCE USE DISORDER or MISUSE



CASE: DEFINITION	
OVERDOSE	Injury to the body (poisoning) that happens when a drug is taken in excessive amounts. An overdose can be fatal or nonfatal, accidental or intentional.
POLY-SUBSTANCE	The use of more than one drug, also known as polysubstance use, is common. This includes when two or more are taken together or within a short time period, either intentionally or unintentionally. Intentional polysubstance use occurs when a person takes a drug to increase or decrease the effects of a different drug or wants to experience the effects of the combination. Unintentional polysubstance use occurs when a person takes drugs that have been mixed or cut with other substances, like fentanyl, without their knowledge. Whether intentional or not, mixing drugs is never safe because the effects from combining drugs may be stronger and more unpredictable than one drug alone, and even deadly. *For overdose Surveillance, Poly-Substance Use only includes encounters associated with Opioids, Stimulants, and/or Benzodiazepines.
MISUSE	The use of illegal drugs and/or the use of prescription drugs in a manner other than as directed by a doctor, such as use in greater amounts, more often, or longer than told to take a drug or using someone else's prescription.
OPIOID USE DISORDER	A problematic pattern of opioid, stimulant, or benzodiazepine uses that lead to serious impairment or distress. Diagnosing OUD/SUD/BUD requires a thorough evaluation, which may include obtaining the results of urine drug testing and prescription drug monitoring program (PDMP) reports, when OUD/SUD/BUD is suspected. A diagnosis is based on specific criteria such as unsuccessful efforts to cut down or control use, or use resulting in social problems and a failure to fulfill obligations at work, school, or home, among other criteria.
STIMULANT USE DISORDER	
BENZODIAZEPINE USE DISORDER	
SUSPECTED MISUSE	Any encounters that possibly leading to the above descriptions with such providers' comments as "requesting prescription refills (at emergency department)", "drug-seeking-behavior", and "frequent ER visitor for the same complaint for chronic pain and requesting 'stronger' medication". Also, cases where providers indicate there is possibility for misuse on the EHR system or when patients inform that they took Oxycodone (for example) and no PDMP data to support the patients' statement.

SENTINEL SITES

Commonwealth Healthcare Corporation (CHCC)
 ER - Emergency Room,
 CC - Children's Clinic, FCC - Family Care Clinic, WC - Women's Clinic,
 LCVA HC- Lucia Chiang Villagomez Arizapa Health Center,
 RHC - Rota Health Center

Private Clinic
 KICH - Kagman Isla Community Health,
 TICH - Tinian Isla Community Health,
 SICH - Southern Isla Community Health
 SHC - Saipan Health Clinic



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CNMI Weekly Health & Vital Statistics Report

REPORTING PERIOD: EPI YEAR 2026 as of EPI WEEK 07

The statistics on births, deaths, and causes of deaths in this report are derived from birth and death registrations processed daily at the Health and Vital Statistics Office.

<ul style="list-style-type: none"> • Number of births: 8(65) • Average: 9(per week) • Infections present and/or treated during pregnancy: <ul style="list-style-type: none"> ○ Chlamydia: 0(3) ○ Gonorrhea: 0(0) ○ Syphilis: 0(0) ○ Hepatitis B: 0(1) ○ Hepatitis C: 0(0) ○ COVID-19: 0(0) • Substance use during pregnancy: <ul style="list-style-type: none"> ○ Cigarette smoking: 0(0) ○ Betelnut chewing: 0(4) ○ Betelnut chewing + tobacco: 0(3) ○ Alcohol use: 0(0) ○ Drug use: (Cannabis, Crystal meth-Ice, Opioid, Others, etc.) 0(0) ○ E-Cigarette use: 0(0) <ul style="list-style-type: none"> ▪ 3 months before pregnancy 0(0) ▪ During pregnancy 0(0) • Maternal risk factors in pregnancy: <ul style="list-style-type: none"> ○ Pre-pregnancy DM: 0(0) ○ Gestational DM: 2(11) ○ Pre-pregnancy HTN: 1(1) ○ Gestational HTN: 1(4) • Infant risk factors (Low survival births) <ul style="list-style-type: none"> ○ Birth weight < 1500 grams: 0(0) ○ Birth weight < 2500 grams: 1(4) ○ Gestation age < 37 weeks: 1(5) 	<ul style="list-style-type: none"> • Number of deaths: 3(32) • Average: 5(per week) • Number of deaths who received COVID-19 and Flu vaccine: <table border="1"> <thead> <tr> <th>Age range:</th> <th>< 5</th> <th>≥ 5</th> <th>12-17</th> <th>18 & over</th> </tr> </thead> <tbody> <tr> <td>N° of death</td> <td>0(0)</td> <td>0(0)</td> <td>0(0)</td> <td>3(32)</td> </tr> <tr> <td>% COVID-19</td> <td>0%</td> <td>0%</td> <td>0%</td> <td>69%</td> </tr> <tr> <td>% Flu Vaccine</td> <td>0%</td> <td>0%</td> <td>0%</td> <td>70%</td> </tr> </tbody> </table> <p><i>Note: Received flu vaccine within ≤ 14 days before time of death.</i></p> • Mortality Surveillance: 3(32) <ul style="list-style-type: none"> ○ Non-communicable diseases: 3(28) <ul style="list-style-type: none"> ▪ Cancer related deaths 1(7) ▪ Tobacco related deaths 0(2) ○ Viral Respiratory Illnesses: 0(1) <ul style="list-style-type: none"> ▪ Acute upper respiratory infections 0(0) ▪ Influenza and pneumonia 0(1) ▪ Other acute lower respiratory infections 0(0) ▪ COVID-19 or other contributing conditions¹ 0(0) ○ Fetal Deaths²: 0(0) ○ Infant Deaths: 0(0) ○ Children (aged 1 - 4 years) Deaths: 0(0) ○ Maternal Deaths: 0(0) ○ Accident or Injury Related Deaths³: 0(1) <ul style="list-style-type: none"> ▪ Drowning: 0(0) ▪ Suicide: 0(0) ▪ Homicide: 0(0) ▪ Traffic fatality: 0(1) ▪ Drug and/or opioid overdose: 0(0) ▪ Poisoning: 0(0) 	Age range:	< 5	≥ 5	12-17	18 & over	N° of death	0(0)	0(0)	0(0)	3(32)	% COVID-19	0%	0%	0%	69%	% Flu Vaccine	0%	0%	0%	70%
Age range:	< 5	≥ 5	12-17	18 & over																	
N° of death	0(0)	0(0)	0(0)	3(32)																	
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% Flu Vaccine	0%	0%	0%	70%																	

¹ Other significant condition contributing to death but NOT resulting in the underlying cause. ² Fetal deaths = Fetus weighed ≥ 350 grams, or fetal demise > 20 weeks of completed gestation.

³ Accident or Injury related deaths = Manner of death beyond Natural Causes: accidental deaths (traffic and drowning), suicide, drug overdose, and poisoning.



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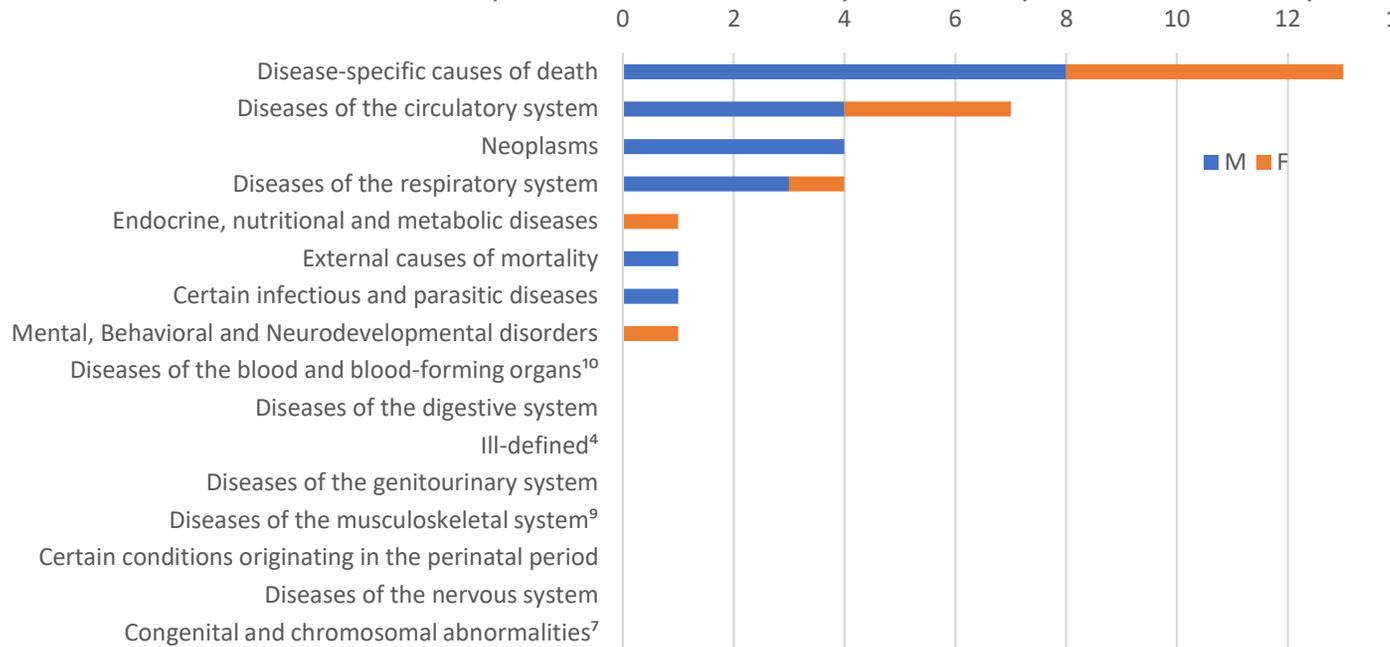


CNMI Weekly Health & Vital Statistics Report

REPORTING PERIOD: EPI YEAR 2026 as of EPI WEEK 07

The statistics on births, deaths, and causes of deaths in this report are derived from birth and death registrations processed daily at the Health and Vital Statistics Office.

Disease-specific causes of death by sex, January 04, 2026 - February 21, 2026



⁴Symptoms, signs and abnormal clinical and laboratory findings, not elsewhere classified; ⁵ Mental, Behavioral and Neurodevelopmental disorders; ⁶Certain conditions originating in the perinatal period; ⁷Congenital malformations, deformations and chromosomal abnormalities; ⁸Injury, poisoning and certain other consequences of external causes; ⁹Diseases of the musculoskeletal system and connective tissue, ¹⁰Diseases of the blood and blood-forming organs and certain disorders involving the immune mechanism

Vital events reported, January 04, 2026 - February 21, 2026

